



A Note to an Amazing 2B Well Community - A Blessed Space

Dear Friend,

I have some important information to share with you.

Beginning September 1st, 2020, 2B Well no longer holds a designated space on Lone Pine Street but instead has transitioned to 2B Well Integrative Health Collaborative, which will be an online resource center and community: 2BWellSpringfield.com.

To connect with with an individual provider please see the list below for additional contact information. If you have a general question about services please navigate to our [website](#) which houses many wonderful providers.

This virtual space will continue to connect all of you who are seeking preventative, integrative, and natural health options with providers and a variety of resources for your overall well being.

You will continue to have a safe and supportive space to find trusted and vetted providers and information. I am committed to maintaining a healing community through 2B Well Collaborative, Living Light Inspired Nutrition and Health Coaching, and Missouri Nutrition Alliance Non-Profit.

I am excited to collaborate and find deeper connections with many more people in our community. We continue to heal through community and support.

If you have a general question for 2B Well or the owner, Brandy Hickman please call 883-5180 or email info@2bwellspringfield.com

Living Light with Brandy Lane

I am so excited to be growing my business, Living Light. I am now offering my services through Kitchen Therapy Memberships, Online One-On-One Health Coaching, and In-Person House Calls in kitchens where true healing and growing occurs when making changes to our health. Here is the link to schedule

with me: [Living Light Scheduling](#)

Missouri Nutrition Alliance Non-profit

I am proud to be a founding member and Board President to this incredible community and organization. See what we have been up to our first year: [Missouri Nutrition Alliance](#)

Thank you. I am Grateful.

I opened this space over six years ago and am thankful every day for this community and healing. This community is not leaving; it is just transitioning with all of us. 2B Well will continue to be a safe and supportive space for all.

I will take an excerpt from a poem For A New Beginning from a fantastic book *To Bless the Space Between Us* by John O'Donohue

*"When your courage kindled,
and out you stepped onto new ground,
Your eyes young again with energy and dream.
A path of plenitude opening before you."*



In continuous health, healing, and gratitude,

Brandy



Healing Through Community and Support

Brandy Lane Hickman, NBHWC

2B Well Integrative Health Collaborative, Owner

Inspired Nutrition, National Board Certified Health Coach, Living Light Board President, Missouri Nutrition Alliance Non-Profit

[\(417\)861-6682](tel:4178616682) | brandy@2bwellspringfield.com

www.2bwellspringfield.com

www.missourinutritionalalliance.org

Contact Information For Providers:

Brandy Lane Hickman, NBHWC

2B Well Integrative Health Collaborative, Owner

Inspired Nutrition, National Board Certified Health Coach, Living Light

Cell: 417-861-6682

Email: brandy@2bwellspringfield.com

Schedule a Free Discovery Session: [Living Light with Brandy Lane](#)

Denise Bischof, Certified Coach

Live Inspired Coaching

Cell: 417-861-6446

Email: denise@liveinspiredcoaching.com

Schedule a Free Discovery Session: [Live Inspired Coaching](#)

Website: <https://www.liveinspiredcoaching.com/>

Brigitte Factor, MS, FNTF, BCHN

Functional Nutritional Therapy

Cell: 417-551-9635

Email: hello@brigittefactor.com

Website: <https://brigittefactor.com>

Abba Anderson, Licensed Acupuncturist

Abba Anderson Acupuncture

Cell: 417-353-8868

Email: abbaanderson@gmail.com

Jackie Kell, Licensed Counselor

Orchid Counseling Services

Cell: 417-409-2054

Email: jkell@orchidcounselingmo.com

Katrina Bogdon, Naturopathic Doctor

Our Healing Roots

Cell: 417-319-3081

Email: office@ourhealingroots.net

Website for online scheduling and forms: [Our Healing Roots](#)

New Location: 760 Short State Hwy P Seymour, MO 65746

Kyle Rouse, Esthetician

Divine Esthetics

Cell: 417-988-8415

Email: kylebridget@gmail.com

Bonnie Baumberger, Licensed Counselor

Cell: 417-860-0308

Email: bonnieJ4kids@yahoo.com

Tanya Whipple, Psychologist

Cell: 417-894-3264

Email: twhipple@missouristate.edu

Tara Rigger, Licensed Massage Therapist

Massage and Cupping Therapy

Cell: 417-299-3597

Email: tamarie2bwell@gmail.com

Mary Chiles, Spiritual Direction

Cell: 417-268-7408

Email: mhchiles@gmail.com